



You Show Good Examples
of COURAGE When You:

- Ask for help when you aren't sure of what to do.
- Call on God to comfort you and give you strength.
- Appropriately put your neighbour's needs before your own.**
- Decide to do something new even if you are a bit afraid or have never done it before.
- Learn a new skill in the process of attempting something difficult - like playing an instrument, perfecting a magic trick or trying a hand stand all by yourself.
- Admit your mistakes and learn from them.
- Do the right thing!! Find courage within yourself even if others mock you.

** Sometimes it is good to put others before ourselves. Sometimes we should not put others before ourselves if what is required of us doesn't make God happy with us.

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You Show Poor Examples
of COURAGE When You:

- Don't ask for help in dealing with or defining a problem.
- Forget that God is always by your side when you need Him.
- Forget that God loved you so much that He gave you a guardian angel to light, guide, rule and guard you.
- Let your imagination run away with you hiding the truth.
- Decide that the easiest thing to do is let somebody else do it.
- Do the easy thing not the right thing.
- Do not try anything new because it looks too hard or yucky.
- Forget to learn the lessons that God puts in every situation.
- Think that you can do everything by yourself.

Dear Lord,

Thank you for giving me the courage to be brave when I'm scared. Let me always use it to stand up for you, myself and others. Help me to do what is right even when I am scared or teased. Help me to remember to ask for Your or my parents help if I am unsure of what to do. Amen