

What does this virtue mean?

## COURAGE

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Courage is being brave when I am scared. Sometimes courage means doing something until it is finished. Other times it means NOT doing something because I know it is wrong or unsafe. Courage lives in my heart and is a gift from God.

Things that can require COURAGE are:

- Trying to sleep after you've been frightened.
- Playing a team sport.
- Learning a new skill.
- Meeting new people.
- Speaking in front of a group.
- Moving to a new house.

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Find the Virtue Cut-N-Paste piece that goes with this lesson and glue it in the box at the left.

Why is it important to practice COURAGE?

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What can I do to practice COURAGE regularly?

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